

John Simoncelli

John Simoncelli is a Licensed Clinical Social Worker and Licensed Alcohol and Drug Counselor. He holds Master's Degrees in Social Work and Public Administration. John is the Executive Director of Greenwoods Counseling Referrals, located in Litchfield CT. Greenwoods offers mental health assessments and referrals to services to anyone that lives or works in Litchfield County, regardless of their ability to pay. In order to make quality referrals to services, the organization maintains a network of over 100 clinicians in private practice throughout the county. Greenwoods also administers a number of community and school-based programs. Through their financial aid program, Greenwoods helps individuals and families pay for treatment if they are in financial need. Greenwoods was established in 1992 and is the only service of its kind in Connecticut, and possibly the country.

John is also a practicing mental health therapist and addiction specialist. He is the Director of Authentic Recovery, LLC, a private practice group he established in 2014. Currently, Authentic Recovery has 9 mental health clinicians and a part-time Psychiatric Nurse Practitioner that work out of offices in Torrington and Waterbury, CT. In addition to his administrative duties, John continues to carry a small caseload of clients. He specializes in the treatment of trauma and addiction, and uses a number of modalities including Eye Movement Desensitization and Reprocessing (EMDR), Rational Emotive Behavior Therapy (REBT), and Motivational Interviewing. He believes that a truly genuine therapeutic experience is essential for positive change to occur. John is an active member of the Litchfield County Opiate Task Force and is passionate about educating the public concerning the connection between trauma, addiction, and other mental health issues.