

Trisha Rios

Trisha Rios has been a Recovery Navigator with the New London County CARES project since its launch in 2018. She has held various positions in the field of recovery for 9 years and is a certified Recovery Coach as well as a certified trainer of the Recovery Coach Academy curriculum. She has experience working with people in various settings and is especially skilled at community outreach and engagement. Ms. Rios just celebrated 10 years in remission from substance use disorder and draws on her own experience as a person who benefited from harm reduction and outreach services to her work and community involvement.