

## **Maria Coutant Skinner**

Maria Coutant Skinner is a licensed clinical social worker and executive director of the McCall Center for Behavioral Health. Maria earned her Bachelor's degree in psychology from Springfield College and a Master's degree in social work at UCONN. Maria is an advocate for services and resources for traditionally underserved populations including those impacted by addiction and mental health issues. Maria is a regular presenter on topics related to behavioral health care including the opioid epidemic, community collaborations, parity in access and evidenced based prevention initiatives. She serves as co-chair of the Litchfield County Opiate Task Force, an organization committed to developing effective measures to combat the opioid issue.

Maria is a board member of the Rotary Club of the Torrington and Winsted Areas, is a volunteer and board member with the Winchester Youth Service Bureau and the Canton Youth Service Bureau and an advisor for Litchfield Bancorp. She serves as a board member of the Northwest Regional Board of Hartford Health Care's Charlotte Hungerford Hospital. Maria began working at the McCall Center in 1997 as part of the prevention team. Her life's work includes developing programs for children, adolescents, adults and families with the goal of building capacity to cope with challenging life situations and make positive life changes. Maria and her husband Greg live in Canton with their daughters Emma and Abigail.