



Rebecca grew up in eastern Connecticut and has worked in the behavioral health field for over 18 years. She received her undergraduate degree from Eastern Connecticut State University (ECSU) and a Master's in Public Health from the University of Connecticut (UConn) in 2015. Rebecca works as the Director of Recovery Support Services for the CT Community for Addiction Recovery (CCAR). CCAR provides peer-based recovery support services to people with alcohol and/or other addictions. CCAR also strives to remove the stigma that surrounds addiction and recovery through advocacy and by "putting a face on recovery." She identifies herself as "a person in long-term recovery" and has been drug-free for over 20 years. "I'm fortunate to work for an organization where I can share my personal story of recovery and use myself as an example that people can and do recover." Rebecca's drug of choice was heroin so for her, the on-going "opiate epidemic" conversations are personal.